



TRAINING AND DIALOGUE PROGRAMS

GENERAL INFORMATION ON

Promotion of Social Participation of Persons with Disabilities Through Sports

集団研修「障害者スポーツを通じた社会参加」

JFY 2009

<Type: Leader Training / 類型:中核人材育成型>

NO. J09-00802 / ID. 0980958

Period of the Program: From September 14, 2009 to October 31, 2009

This information pertains to one of the Training and Dialogue Programs of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

I. Concept

Background

The majority of PWD whose number is estimated 6-700millions in the world are deprived of their social opportunities. Sixty percent of PWD live in developing countries, and about 20% of the poorest in those countries are PWD. PWD are in an extremely difficult situation due to two causes; the aspect of policy/system resulting in lack of employment and deprivation of rights, social aspect, or lack of social integration leading to prejudice/discrimination against PWD.

Support for persons with disabilities requires efforts in wide ranging aspects. Support is essential for both activities towards social integration of PWD and improvement in institutional aspect. Providing PWD with opportunities of participation in recreational/cultural activities such as sports is preferable for their health promotion and for improving their quality of life. What is most important is that such activities motivate PWD to participate in a social life and at the same time the public in the community are sensitized. Competitive sports are inappropriate for this purpose. More preferable are the type of sports event that enables as many PWD as possible to join and play together with non-disabled persons.

For what?

In order to encourage participation of PWD in a social life in developing countries, it is significant to support such activities that promote sports of PWD by training managerial persons in the organizations that intend to promote sports of PWD.

For whom?

This Program is offered to those organizations which intend to acquire the capability of formulating an action plan for facilitating social participation of persons with disabilities (PWD) by activating sports activities for PWD in their organizations.

How?

Participants dispatched by their respective organizations would be exposed to practical knowledge and experiences of leading organizations and individuals in Japan through a series of lectures, workshops and field studies. They also have a chance to share knowledge and experiences with participants from other countries.

II. Description

1. **Title:**
Promotion of Social Participation of Persons with Disabilities through Sports (J0900802)
2. **Period of program:** From September 14, 2009 to October 31, 2009
3. **Target Regions or Countries:**
China, India, Fiji, Tonga, Bolivia, Ecuador, Guyana, Uruguay, Jordan and Myanmar
4. **Eligible / Target Organization:**
Organizations in charge of sports activities for persons with disabilities, or sports organizations that conduct activities for PWDs as one of their activity areas.
5. **Total Number of Participants :**
10 participants from China, India, Fiji, Tonga, Bolivia, Ecuador, Guyana, Uruguay, Jordan and Myanmar
6. **Language to be used in this project:** English
7. **Overall Goal:**
The participants will acquire knowledge and idea for solution of the problems in this field in respective countries and make a contribution for realization of the action plan after returning home.
8. **Objectives:**
The Participants are expected to understand the role of sports in increasing opportunities of social participation of PWD.
The Participants are expected to clarify issues, challenges and objectives of sports promotion for PWD of their countries by comparing their present situation with that of Japan.
The participants are expected to formulate a viable action plan for expanding opportunities of promoting social participation of PWD through sports.
9. **Contents:**
This program consists of the following components.

(1) Modules and each subject

① Introduction

What is the significance of the PWD's participation in sports?

In order to pass participation of PWD's in sports onto the social participation, how should sports be introduced in the rehabilitation process? First of all, the participants understand the outline of the disabled sports theoretically which will serve as a basis for the following program.

② Welfare policy of administration

How has the administration been implementing welfare policy in Japan?

The participants learn laws and systems including historical backgrounds so as to better understand institutional infrastructure for the PWDs for the following program. And also they verify differences of welfare policy between the central and local governments.

③ From rehabilitation to sports, and then one step further to local welfare facility

Where do the PWDs get an opportunity to start sports and how do they keep on doing sports?

The participants understand the approach of each facility (hospitals→intermediate facilities→local welfare facilities/sports facilities) and its different roles for development of "chain rehabilitation" learned in the introduction. They also learn central and local organizations supporting the disabled sports in Japan and differences of roles and financial aspects between the two levels.

④ National sports events for the disabled

The participants study how the largest domestic event is organized and observe it to understand various activities leading to the success of the event.

⑤ Education/ Employment

The course provides the participants with the opportunity to visit facilities and to listen to concerned people about the education and employment of the PWDs in Japan.

⑥ Use of human resources / Organizational operation

People who support the disabled sports in different ways.

The participants learn systems and problems about the use of these people. There are varied forms of sports organizations (associations) for the disabled. How are they set up and what kind of barriers and solutions are there to get their activities off the ground? The participants find a handhold for their own activities by listening to the people involved in organizational management.

⑦ Action Plan

The participants create ideas to develop a concrete and feasible action plan during the training in JAPAN so that they will be able to increase opportunities of PWDs' participation in a social life through sports.

(2) Tentative Schedule

Date		Subject	Place
9/14	Mon	Arrival in Japan	JICA Tokyo
9/15	Tue	JICA Briefing	JICA Tokyo
9/16	Wed	JICA General Orientation	JICA Tokyo
9/17	Thu	JICA General Orientation	JICA Tokyo
9/18	Fri	Opening Ceremony	JICA Tokyo
		Program Orientation	
		Presentation of Inception Report: Present Status and Challenges of participating countries	
9/19	Sat	Holiday ①	JICA Tokyo
9/20	Sun	Holiday ②	JICA Tokyo
9/21	Mon	Guidance for Action Plan making	JICA Tokyo
9/22	Tue	Social welfare services in Japan	JICA Tokyo
		Towards social participation: significance of sports	
		Sports for the disabled practical ①	
9/23	Wed	Sports for the disabled and chain rehabilitation	JICA Tokyo
		Activities of Japan Sports Association for the Disabled	
9/24	Thu	Activities of Japan Paralympics Committee	JICA Tokyo
		Explanation about Asian Youth Paralympics	
9/25	Fri	Activities of Tokyo Sports Association for the Disabled ①	JICA Tokyo
		Activities of Tokyo Sports Association for the Disabled ②	
		Discussion	
9/26	Sat	Holiday ③	JICA Tokyo
9/27	Sun	Holiday ④	JICA Tokyo
9/28	Mon	Observation of National Rehabilitation Center for Persons with Disabilities	National Rehabilitation center for PWDs
		Practice of Rehabilitation	
9/29	Tue	Activities of Tokyo Sports Association for the Disabled ③	JICA Tokyo
		Efforts by local bodies(ku, city, town, village) (Sports lessons for the disabled by community)	Shibuya Sports Centre
9/30	Wed	Health & Welfare of Tokyo Metropolitan Government	JICA Tokyo
		Efforts towards "town with advanced welfare services"	

10/1	Thu	Practice	Toshima Center for PWDs
		Observation of regional welfare center Participation in sports activities	
10/2	Fri	Observation of Sports Center for the Disabled	Oji Sports Club
		Experience of activities at Sports Center for the Disabled ①	
		Discussion	
10/3	Sat	Holiday ⑤	
10/4	Sun	Observation of Athletic Meet "Habataki" Truck and Field Championships	Oji Sports Club
10/5	Mon	Integrated Regional Sports Club ①	JICA Tokyo
		Integrated Regional Sports Club ②	
10/6	Tue	Activities of Tokyo Sports Association for the Disabled ④	JICA Tokyo
10/7	Wed	Discussion for Draft Action Plan	JICA Tokyo
		Observation of "Japan Sun Industries"	
		National Sports Games for the Disabled (Observation centering on the preparation process/behind the scene operation)	
		Orientation for study tour to Nigata	
10/8	Thu	Holiday ⑥	JICA Tokyo
10/9	Fri	Move to Nigata	Nigata Prefecture
10/10	Sat	National Sports Games for the Disabled	
10/11	Sun		
10/12	Mon		
10/13	Tue	Departure from Nigata	JICA Tokyo
10/14	Wed	Holiday ⑦	JICA Tokyo
10/15	Thu	Holiday ⑧	JICA Tokyo
10/16	Fri	Presentation of Draft Action Plan	JICA Tokyo
		Guidance for Action Plan Improvement	
10/17	Sat	Special Olympics, Japan: outline of Tokyo government activities	JICA Tokyo
		Special Olympics, Japan: Observation of Tokyo government's activities/participation	

10/18	Sun	Experience of activities of Tama sports Center for the Disabled	Tama Sports Club
		Experience of activities at Sports Center for the Disabled ②	
10/19	Mon	Individual counseling for Draft Action Plan	JICA Tokyo
10/20	Tue	Efforts by private sectors for sports for the disabled	JICA Tokyo
		Discussion	
10/21	Wed	Observation of employment facility: Swan bakery	Swan bakery
		Observation of School for the Physically Challenged	Kita School
		Observation of School for the Mentally Challenged	Oji School
10/22	Thu	Holiday ⑨	JICA Tokyo
10/23	Fri	Holiday ⑩	JICA Tokyo
10/24	Sat	Management of Japan Council of Sports Instructor for the Disabled	JICA Tokyo
		Activities of registered sports instructors for the disabled in the community	
		Fostering of volunteers supporting sports for the disabled	
		※Due date of submission of Action Plan	
10/25	Sun	Training Program (Lecture, Observation and Practice)	JICA Tokyo
10/26	Mon	Outline and activities of “Tennis Training Center”	Tennis Training Center
		Observation of “Tennis Training Center”	
10/27	Tue	Holiday ⑪	JICA Tokyo
10/28	Wed	Facilitation of human resources use and establishment of network among the participants	JICA Tokyo
		Presentation of Action Plan ①	
10/29	Thu	Presentation of Action Plan ②	JICA Tokyo
		Presentation of Action Plan ③	
10/30	Fri	Wrap-up session	JICA Tokyo
		Evaluation meeting	
		Closing ceremony	
		Farewell Party	
10/31	Sat	Leave Japan	

III. Conditions and Procedures for Application

1. Expectations for the Participating Organizations:

- (1) This project is designed primarily for organizations that intend to address specific issues or problems identified in their operations. Applying organizations are expected to use the Program for those specific purposes.
- (2) In this connection, applying organizations are expected to nominate the most qualified candidates to address the said issues or problems, carefully referring to the qualifications described in section III-2 below.
- (3) Applying organizations are also expected to be prepared to make use of knowledge acquired by the nominees for the said purpose.

2. Nominee Qualifications:

Applying Organizations are expected to select nominees who meet the following qualifications.

(1) Essential Qualifications

- 1) Applicants should presently be either in the following position/assignment.
 - i) A manager or an officer in management sector with past career of more than five years of a Sports organization for persons with disabilities, who is expected to contribute to promoting PWD's participation in a social life.
 - ii) A manager or an officer in management sector with past career of more than five years of an organization to promote sports activities in the community, who is expected to contribute to promoting PWD's participation in a social life.

※ Trainers and instructors will be prioritized lower than other applicants.
- 2) To add to meeting either one of the above mentioned requirements, applicants should have a good command of spoken and written English.
- 3) Applicants should not be older than 50 years of age.
- 4) Applicants should be capable of self-care of their physical and mental condition to participate in the program that includes lots of practice sessions and study tours.
- 5) Applicants should not be serving in any form of military services.

※ Pregnancy : Pregnant participants are strictly requested to complete the required procedures before departure in order to minimize the risk for their health. The procedures include ① letter of the participant's consent to bear economic and physical risks ② letter of permission from the participant's supervisor ③ letter of consent from your Embassy in Japan, ④ medical certificate. Please ask National Staffs in JICA office for the details.

3. Required Documents for Application

- (1) **Application Form:** The Application Form is attached to this General Information.

- (2) **Inception Report:** All applicants are required to write an inception report (Detailed information is provided in the Annex 1) to facilitate developing mutual discussions, which are scheduled for the Inception Report Presentation Session. The inception report should be sent to JICA office together with application form. It should be sent also by e-mail to ticthd@jica.go.jp or jicatic-jice@jica.go.jp
- (3) The report should be type-written in double space on A4 size papers.
- (4) **Questionnaire sheet:** All applicants are required to fill in the form (Detailed information is provided in the Annex 2) and submit it together with application form. It should be sent also by e-mail to ticthd@jica.go.jp or jicatic-jice@jica.go.jp

4. Procedure for Application and Selection :

(1) Submitting the Application Documents:

Closing date for application to the JICA Center in JAPAN: **July 24, 2009**

Note: Please confirm the closing date set by the respective country's JICA office or Embassy of Japan of your country to meet the final date in Japan.

(2) Selection:

After receiving the document(s) through due administrative procedures in the respective government, the respective country's JICA office (or Japanese Embassy) shall conduct screenings, and send the documents to the JICA Center in charge in Japan, which organizes this project. Selection shall be made by the JICA Center in consultation with the organizations concerned in Japan based on submitted documents according to qualifications. *The organization with intention to utilize the opportunity of this program will be highly valued in the selection.*

(3) Notice of Acceptance

Notification of results shall be made by the respective country's JICA office (or Embassy of Japan) to the respective Government by **not later than August 7, 2009.**

5. Conditions for Attendance:

- (1) to observe the schedule of the program,
- (2) not to change the program subjects or extend the period of stay in Japan,
- (3) not to bring any members of their family,
- (4) to return to their home countries at the end of the program in Japan according to the travel schedule designated by JICA,
- (5) to refrain from engaging in political activities, or any form of employment for profit or gain,
- (6) to observe the rules and regulations of their place of accommodation and not to change the accommodation designated by JICA,

IV. Administrative Arrangements

1. Organizer:

(1) **Name:** JICA Tokyo International Center

(2) **Contact:** Ms. Yoko SADAIE (ticthd@jica.go.jp)

Ms. Yayoi KASHITANI (jicatic-jice@jica.go.jp)

2. Implementing Partner:

(1) **Name:** Tokyo Metropolitan Sports Association for the Disabled (TSAD)

(2) **Contact:** Ms. Emiko KANEKO(e_kaneko04@tsad.or.jp)

(3) **URL:** [URL:http://www.tsad.or.jp](http://www.tsad.or.jp)

(4) **Remark:** This association, established in 2003, has been contributing to the betterment of welfare of person with disabilities (PWDs) living in Tokyo Metropolitan area through various kinds of sports promotion activities for the purpose of preserving and enhancing their mental health and encouraging their independence and social participation.

3. Travel to Japan:

(1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.

(2) **Travel Insurance:** Term of Insurance: From arrival to departure in Japan. *the traveling time outside Japan shall not be covered.

4. Accommodation in Japan:

JICA will arrange the following accommodations for the participants in Japan:

JICA Tokyo International Center (JICA TOKYO)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: 81-3-3485-7051 FAX: 81-3-3485-7904

(where "81" is the country code for Japan, and "3" is the local area code)

If there is no vacancy at JICA TOKYO, JICA will arrange alternative accommodations for the participants. Please refer to facility guide of TIC at its URL below:

<http://www.jica.go.jp/english/contact/domestic/pdf/welcome.pdf>

5. Expenses:

The following expenses will be provided for the participants by JICA:

(1) Allowances for accommodation, living expenses, outfit, and shipping

(2) Expenses for study tours (basically in the form of train tickets).

(3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are not included)

(4) Expenses for program implementation, including materials

For more details, please see p. 9-16 of the brochure for participants titled "KENSHU-IN

GUIDE BOOK," which will be given to the selected participants before (or at the time of) the

pre-departure orientation.

6. Pre-departure Orientation:

A pre-departure orientation will be held at the respective country's JICA office (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

(2) Have you actually provided sports instruction for PWD?

() Yes () No

If "Yes," please name the sports you have instructed.

(3) Is there any system to certify sports instructors in your country?

() Yes () No

If "Yes," please explain the system briefly, and also indicate if it is specific to the sports instructors for PWD or for general public.

9. Needs Assessment

(1) Preliminary analysis on problems

Based on the relevant cases of the situation of PWD in your country, analyze strength and weakness of the current approach of Sports for PWD and identify problems.

(2) Expected outputs of this program

In relation to identified problems, set your expected outputs of this training program, which shall be attained at the end of the program.

<Note>

Those who are informed of acceptance to participate in this course will be requested to make a brief presentation of their country reports for approximately 30 minutes (including the time of interpretation and discussion) during the presentation and discussion session. In order to make the presentation effective, it is advisable to collect as much information as possible on sports for disabled persons in relative countries and bring visual aids, such as videotapes and slides explaining their organizations. Audiovisual aids such as slide, OHP, video player, MS Power Point 2002 are available at JICA TOKYO.

ANNEX2

PROMOTION OF SOCIAL PARTICIPATION OF PERSONS WITH DISABILITIES THROUGH SPORTS (JFY 2009)

Questionnaire

All applicants are required to fill in this form and submit it together with the application form (Please type or write in clear letters).

1. Name : _____
(Family) / (First) / (Middle)

2. Nationality : _____

3. Home Address : _____

TEL: _____ FAX: _____

E-mail: _____

4. Office Address : _____

TEL : _____ FAX : _____

E-mail : _____

5. Date of Birth : _____ / _____ / _____ (Year) (Month) (Date)
Age : _____ Sex: M / F

6. Impairments:

a) Describe your impairment

b) Cause of your impairment

- () congenital () acquired
() at birth
() by disease
() by accident
() other ()

7. Mark with (○) the corresponding self-help device/support which you use in your country.

a) Visual impairment

- () White cane
() Assistant dog
() Enlarged print ---- Font () Size () point
() English Braille transcription contract (Grade two)
() English Braille transcription uncontract (Grade one)
() Electric Data
() Tape record
() Others(_____)

b) Physical impairment

- () Electric wheelchair --- Weight (____kg) Length (____cm) Height (____cm)
() Manual wheelchair --- Weight (____kg) Length (____cm) Height (____cm)
() Crutches
() Others (_____)

- *() I will bring my own wheelchair to Japan.
() Manual
() Electric: () Dry type / () Wet type

c) Hearing impairment

- () Hearing aid
() American Sign Language (ASL)
() Others (_____)

8. Please specify necessary arrangements in the airport/aircraft during the trip to and from Japan, if any. (examples: personal assistance in the airport/ in embarkation/disembarkation, isle chair, wheelchair and others)

9. Please specify necessary arrangements while in Japan, if any.
(Examples: accommodation, transportation, and others)

For Your Reference

JICA and Capacity Development

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

Japanese Development Experience

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “adopt and adapt” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “adoption and adaptation” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



CORRESPONDENCE

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

JICA Tokyo International Center (JICA TOKYO)
Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan
TEL: +81-3-3485-7051 FAX: +81-3-3485-7904