

TRAINING AND DIALOGUE PROGRAMS



GENERAL INFORMATION ON

WORKSHOP ON IMPROVING ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH

集団研修「思春期保健ワークショップ」

JFY 2009

<Type: Solution Creation / 類型: 課題解決促進型>

NO. J09-00806 / ID. 0980868

From August 2009 to March 2010

Phases in Japan: From September 23, 2009 to October 17, 2009

This information pertains to one of the Training and Dialogue Programs of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

I. Concept

Background

Since its establishment, the Japan International Cooperation Agency (JICA) has been facilitating development of various capacities in partner countries as one of implementing bodies of the official development assistance program of the Government of Japan.

While JICA organizes a variety of technical cooperation programs, its training programs offer opportunities to those organizations of partner countries, which intend to enhance knowledge of skill of key personnel with strategic assignments, or trainers who would train others. Besides those human capacity developments, the program could meet needs of those organizations, which intend to enhance their own organizational capacities through improvement of rules and regulation as well as social capacities through reform of policies and institutions under their jurisdiction.

In each program, participants dispatched by their respective organizations would be exposed to practical knowledge and experiences of leading organizations and individuals in Japan through a series of lectures, workshops and site visits. They also have a chance to share knowledge and experiences with participants from other countries. As a result, each organization is expected to acquire or create knowledge, which would be subsequently put into its own contexts to achieve a specific objective.

This course is offered to Government and Non-governmental Organizations which intend to implement Adolescent Sexual and Reproductive Health (ASRH) program aiming at “Capacity Building of Youth in Responsible Decision Making.”

Participants shall have opportunities in Japan:

- (1) to acquire basic understanding on necessary pre-conditions and strategies to be met for better ASRH program implementation under the concept of Comprehensive Sexuality Education¹.
- (2) to acquire effective “skills and approaches” in approaching youth.
- (3) to acquire better understanding on the concept and be able to develop the effective strategy in “partnership development for creating ASRH supportive environment”.

Furthermore, they are expected to develop an Action Plan (Interim Report) for the effective strategy in “creation of ASRH supportive environment”. It is also envisioned that the course would

¹ Comprehensive sexuality education (CSE) is defined as “a life long process of acquiring information and forming attitudes, beliefs and values about identity, relationships and intimacy”. It recognizes that information on sexuality alone is not enough, and thus seeks to equip young people with the knowledge and skills they need to determine and enjoy their sexuality in all spheres of life.

International Planned Parenthood Federation (IPPF), 2008

serve the cause of mutual collaboration among participating countries and Japan in the area of knowledge sharing.

DEFINITION ON “ADOLESCENCE”, “YOUTH” and “YOUNG PEOPLE” (source: UNFPA State of World Population, 2005)

Use and meanings of the terms “young people”, “youth”, and “adolescents” vary in different societies around the world, depending on political, economic, and socio-cultural context. This report uses following United Nations definitions:

Adolescents: 10-19 years old (early adolescence 10-14 and late adolescence 15-19)

Youth: 15-24 years old

Young people: 10-24 years old

*Some region have implemented activities for adolescent including 25 years old

For what?

This program aims to strengthen comprehensive approach and strategy for mainstreaming of youth in Adolescent Sexual Reproductive Health.

For whom?

Two participants from each country; one participant from government (GO) and the other one participant from non-governmental organization (NGO).

Present position, assigned as Adolescent Sexual and Reproductive Health (ASRH) program administrator or implementer in GO or NGO.

How?

- (1) To acquire basic understanding on necessary pre-conditions and strategies for the promotion of comprehensive Sexuality Education.
- (2) To acquire effective “skills and approaches.”
- (3) To develop the effective strategy for mainstreaming youth.

II. Description

Title (J-No.): Workshop on Adolescent Sexual and Reproductive Health (ASRH) (J0900806)

1. Period of program

Duration of whole program:	August 2009 to March 2010
Preliminary Phase: (in a participant’s home country)	August 2009 to September 2009
Core Phase in Japan:	September 23, 2009 to October 17,2009
Finalization Phase: (in a participant’s home country)	October 2009 to March 2010

3. Target Regions or Countries

Honduras, Nicaragua, Bolivia, Jordan, Kiribati, Swaziland, Burkina Faso

4. Eligible / Target Organization

GO and NGO in the field of Sexual and Reproductive Health of Adolescents.

5. Total Number of Participants

11 participants in total

6. Language to be used in this program

English

7. Overall Goal

To strengthen comprehensive approach and strategy for mainstreaming of youth in Adolescent Sexual Reproductive Health.

8. Program Objective:

Adolescent Sexual Reproductive Health programs based on the learning from the workshop in Japan will be implemented. (Please refer to ANNEX I: CONCEPT CHART)

9. Expected Module Output and Contents:

This program consists of the following components. Details on each component are given below:

(1) Preliminary Phase in a participant's home country Participating organizations make Inception Report for the Program in the respective countries.	
Expected Module Output	Activities
Inception report is formulated	Formulation and submission of Inception Report

(2) Program in Japan (September 23, 2009 to October 17, 2009) Participants dispatched by the organizations attend the Program implemented in Japan.		
Expected Module Output	Subjects/Agendas	Methodology
1. To acquire basic understanding on necessary pre-conditions and strategies for the promotion of Comprehensive Sexuality Education	<ul style="list-style-type: none">▪ Global issues surrounding comprehensive sexuality education▪ Rights-based approach▪ Partnership development	Lecture Observation and Group work Exercise

2. To acquire effective "skills and approaches"	<ul style="list-style-type: none"> ▪ Peer education ▪ Communication skill among parents and children/ Parental education ▪ Life skill (Birth education) ▪ Advocacy/ Behavior change communication (BCC) 4.Advocacy/Behavior change communication (BCC) 	Lecture Observation and Group work Exercise
3.To develop the effective strategy for mainstreaming youth	<ul style="list-style-type: none"> ▪ Youth initiative in ASRH advocacy (peer) ▪ Rights-based approach ▪ Cooperation and Networking of key stakeholders and organizations concerned in ASRH ▪ Youth friendly clinic & services 	Lecture Observation and Group Work Exercise
4.Develop your Action Plan (Interim Report per country/participant)	<ul style="list-style-type: none"> ▪ Action plan presentation ▪ JICA-Net (Satellite TV live conference) ▪ Sensitization strategy ▪ Recommendation on "Comprehensive Sexuality Education" 	Discussion Session Presentation

<p>(3)Finalization Phase in a participant's home country Participating organizations produce final outputs by making use of results brought back by participants. This phase marks the end of the Program.</p>	
Module	Activities
To implement activities based on the action plan in the participant's country	Submission of questionnaire based on the progress of Action Plan (Questionnaire will be sent in six months after the return)

III. Conditions and Procedures for Application

1. Expectations for the Participating Organizations:

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Participating organizations are expected to use the project for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan These special features enable the project to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.
- (3) As this program is designed to facilitate organizations to come up with concrete solutions for

their issues, participating organizations are expected to make due preparation before dispatching their participants to Japan by carrying out the activities of the Preliminary Phase described in section II-9 .

- (4) Participating organizations are also expected to make the best use of the results achieved by their participants in Japan by carrying out the activities of the Finalization Phase described in section II-9 .

2. Nominee Qualifications:

Applying countries are expected to select 2 nominees: one participant from government (GO) and the other participant from non-governmental organization (NGO).

(1) Essential Qualifications

- 1) Present position, assigned as Adolescent Sexual and Reproductive Health (ASRH) program administrator or implementer.
- 2) Nomination of NGO that are International Planned Parenthood Federation (IPPF)-collaborating organizations is recommended. (URL: www.ippf.org)
- 3) It is also preferable that the two participants, both from GO and NGO have already been working in partnership in the field of ASRH, if possible, under the same program.
- 4) Occupational Background: should have a minimum of three (3) years of experience in the field of ASRH.
- 5) 18 to 40 years of age, in principle.
- 6) Be proficient in spoken and written English (Since this course includes active participation into discussions and development of comprehensive Action Plan, high English competency is required. If applicants have official certification of English language e.g. TOEFL, TOEIC etc, please attach it for selection purpose).
- 7) Be sufficiently in good health both physically and mentally to attend all of the sessions of the program.
- 8) Not be serving in the military.

※Pregnancy : Pregnant participants are strictly requested to complete the required procedures before departure in order to minimize the risk for their health. The procedures include ①a letter of the participant's consent to bear economic and physical risks, ②a letter of permission from the participant's supervisor, ③a letter of consent from your Embassy in Japan and ④a medical certificate. It would be highly appreciated if you would ask our National Staff members in JICA office for the details.

3. Required Documents for Application

- (1) **Application Form:** The Application Form is available at the respective country's JICA offices or the Embassy of Japan.

4. Procedure for Application and Selection :

(1) Submitting the Application Documents:

Closing date for application to the JICA Center in JAPAN: **July 24, 2009**

Note: Please confirm the closing date set by the respective country's JICA offices or Embassy of Japan of your country to meet the final date in Japan.

(2) Selection:

After receiving the document(s) through due administrative procedures in the respective governments, the respective country's JICA offices (or the Embassy of Japan) shall conduct screenings, and send the documents to the JICA Center in charge in Japan, which organizes this project. Selection shall be made by the JICA Center in consultation with the organizations concerned in Japan based on submitted documents according to qualifications. The organization with intention to utilize the opportunity of this program will be highly valued in the selection.

(3) Notice of Acceptance :

Notification of results shall be made by the respective country's JICA offices (or the Embassy of Japan) to the respective Governments by **not later than Aug 21, 2009**

5. Document(s) to be submitted by accepted participants:

Inception Report -- to be submitted by **Sep 4, 2009**

Participants are requested to prepare an inception report (detailed information is provided in the ANNEX "Inception Report"). The Inception Report should be submit it to Japan International Cooperation Center by e-mail at jicatic-jice@jica.go.jp **by Sep 4, 2009**

6. Conditions for Attendance:

- (1) to observe the schedule of the program.
- (2) not to change the program subjects or extend the period of stay in Japan.
- (3) not to bring any members of their family.
- (4) to return to their home countries at the end of the program in Japan according to the travel schedule designated by JICA.
- (5) to refrain from engaging in political activities, or any form of employment for profit or gain.
- (6) to observe the rules and regulations of their place of accommodation and not to change the accommodation designated by JICA.
- (7) to participate the whole program including a preparatory phase prior to the program in Japan. Applying organizations, after receiving notice of acceptance for their nominees, are expected to carry out the actions described in section II-9 and section II-4.

IV. Administrative Arrangements

1. Organizer:

(1) **Name:** JICA Tokyo

(2) **Contact:** Mr. Masanori ABE (ticthd@jica.go.jp)

Ms. Miyuki NAGASAWA (jicatic-jice@jica.go.jp)

2. Implementing Partner:

(1) **Name:** Japanese Organization for International Cooperation in Family Planning (JOICFP)

(2) **Contact:** Ms. Lisa ASAMURA (lasamura@joicfp.or.jp)

(3) **URL:** <http://www.joicfp.or.jp/>

3. Travel to Japan:

(1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.

(2) **Travel Insurance:** Term of Insurance: From arrival to departure in Japan. The traveling time outside Japan shall not be covered.

4. Accommodation in Japan:

JICA will arrange the following accommodations for the participants in Japan:

JICA Tokyo International Center (JICA TOKYO)
Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan
TEL: 81-3-3485-7051 FAX: 81-3-3485-7904
(where "81" is the country code for Japan, and "3" is the local area code)

If there is no vacancy at JICA TOKYO, JICA will arrange alternative accommodations for the participants. Please refer to facility guide of TIC at its URL,

<http://www.jica.go.jp/english/contact/domestic/pdf/welcome.pdf>

5. Expenses:

The following expenses will be provided for the participants by JICA:

(1) Allowances for accommodation, living expenses, outfit, and shipping.

(2) Expenses for study tours (basically in the form of train tickets).

(3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are not included)

(4) Expenses for program implementation, including materials.

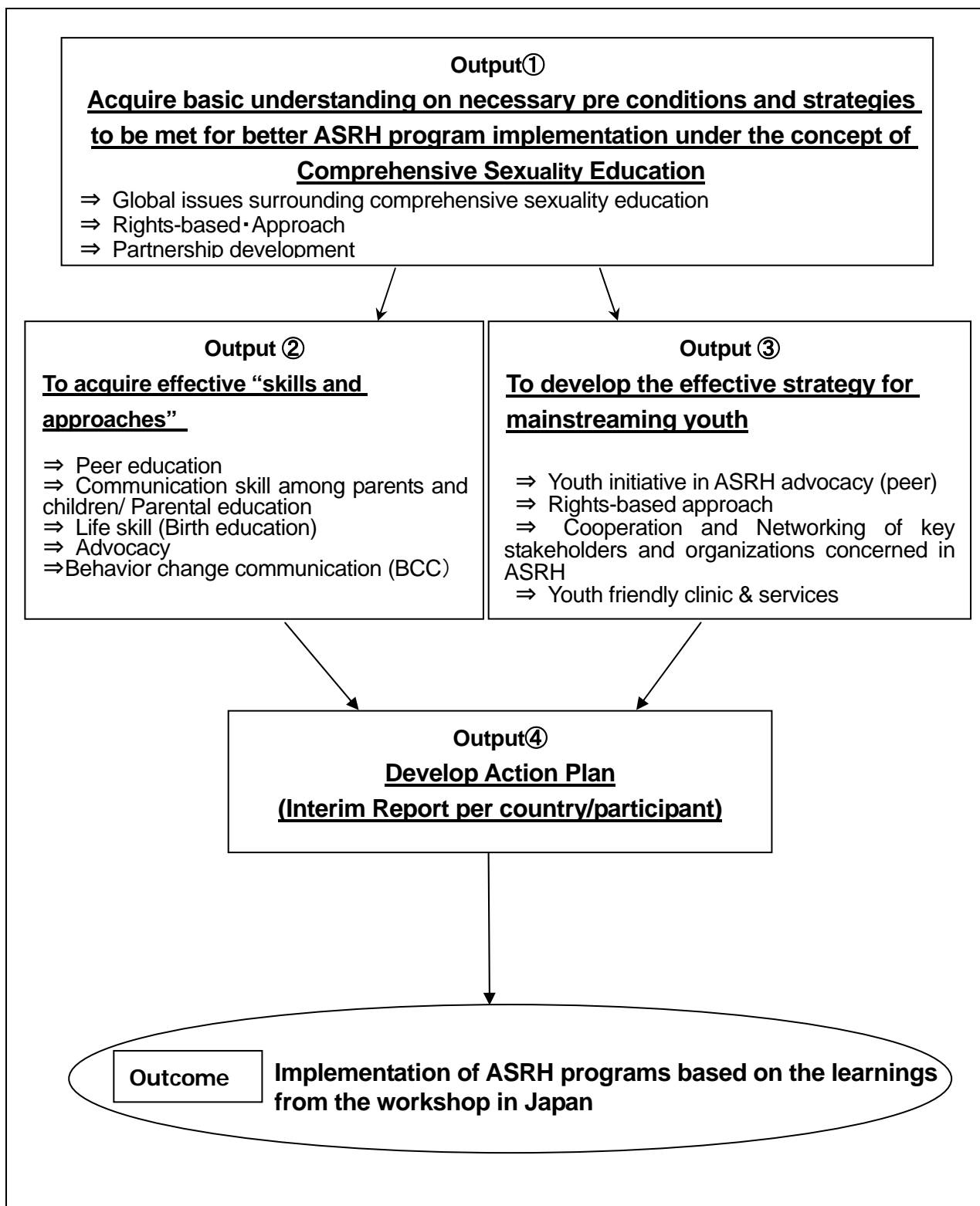
For more details, please see p. 9-16 of the brochure for participants titled "KENSU-IN GUIDE BOOK," which will be given to the selected participants before (or at the time of) the pre-departure orientation.

6. Pre-departure Orientation:

A pre-departure orientation will be held at the respective country's JICA offices (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

ANNEX I: CONCEPT CHART

- (1) to acquire basic understanding on necessary pre-conditions and strategies to be met for better ASRH program implementation under the concept of Comprehensive Sexuality Education
- (2) to acquire effective “skills and approaches”
- (3) to develop the effective strategy for youth friendly environment and partnership development
- (4) to develop Action Plan (Interim Report)



ANNEX II: MODULE

The following strategies will be taken in this workshop:

I. First Stage (Program before coming to Japan)

Submission of the Inception Report, which describes work contents, problem consciousness, and improvement plan of the organization that the participant belongs to. (Please refer to Inception Report Guideline on ANNEX III.)

II. Second Stage (Program in Japan)

1. Workshop:

- 1) How to create a supportive environment in adolescent sexual and reproductive Health-Innovative approaches to involving and maintaining youths in adolescents' sexual and reproductive health projects (learning from the best practices)
- 2) Peer education skills and management of Youth Program (learning from the best practices)
- 3) Production and utilization of appropriate IEC/BCC for adolescents' sexual and reproductive health

2. Study trip to observe case studies in Japan:

- 1) Situation of adolescent health issues in Japan-Japan and Prefecture
- 2) "Network on Adolescent Health (coordination organ)
- 3) Educational sessions

3. Sharing of experiences among participants:

- 1) Presentation of Inception Report
- 2) Presentation of Interim Report (Action Plan)
- 3) Exchange of information with past participants (JICA-net)

III. Third Stage (Program in Home Country)

Interim Report (Action Plan) shall be officially approved and implemented
Submission of the Final Report (progress report on the activities)

On their return to the home country all participants are expected to carry out an ASRH project of the Interim Report (Action Plan) in their organizations. Within six (6) months of their return, you are required to submit the Final Report to JICA and inform the progress of the project. You may attach relative information, articles, media coverage of your organization, government and JICA office if necessary.

Please note that this course does not complete only in Japan but the participants are expected to report and carry out their plan in their home country.

**WORKSHOP ON ADOLESCENT SEXUAL AND
REPRODUCTIVE HEALTH**

(JFY 2009)

Inception Report

Inception Report guideline: Please cover both of the following topics and issues so that you can fully participate in the discussion. Participants will be participating in group discussion session for each topic.

Topic 1: What are your efforts in youth-mainstreaming/ involving youth in ASRH?

Objectives

Strategy

Activities

Outcome (if you have any)

Lessons learned

Topic 2: What are your efforts in providing youth-friendly service/ information in ASRH?

Stakeholders

Strategy

Activities

Outcome (if you have any)

Lessons learned

If you have any effective IEC materials used for Adolescent Sexual and Reproductive Health in your country, please bring them with you for display, if possible.



CORRESPONDENCE

For enquiries and further information, please contact the JICA office or the Embassy of Japan.

Further, address correspondence to:

JICA Tokyo International Center (JICA TOKYO)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: +81-3-3485-7051 FAX: +81-3-3485-7904